

Instructions for Progesterone in Oil Injection (Shot)

Supplies:

- 3ml syringe
- pink (18g) needle
- green (21g) needle
- alcohol pad
- Progesterone in Oil

1. Wash Hands
2. Wipe top of Progesterone in Oil medication vial with alcohol.
3. Attach pink needle (18 gauge) to 3 ml syringe.
4. Draw up 1 ml (50mg of Progesterone).
5. Change to green needle (21 gauge).
6. Remove any air bubbles.
7. Locate injection area (see diagram below).
8. Clean off injection area with alcohol (2 inches in diameter) & allow drying.
9. Inject needle straight into the skin (90 degree angle). Verify you haven't hit a blood vessel, pull back on the plunger. ***If you don't see blood in the syringe, you can proceed with the injection (#9).***
 - a. ***If you see blood in the syringe: Stop, withdraw the needle and replace the needle with a new one. Then repeat the injection process (#7).***
10. Administer medication slowly (over 4-5 seconds).
11. Pull the syringe/needle straight out and dispose into needle disposal container.

