

MCHK-OB

July 20, 2020

SUBJECT: OBSTETRICAL ULTRASOUNDS

Aloha and congratulations on your pregnancy!

The Antepartum Diagnostic Center (ADC) provides ultrasounds for all pregnant women receiving care at Tripler Army Medical Center. We are staffed with Board Certified Maternal-Fetal Medicine (MFM) physicians, specialized obstetrical sonographers, High-risk registered nurse and licensed practical nurse. Our specialty services include: Multiple gestations clinic, Complicated Obstetrics, Antenatal Testing, Genetic counseling, prenatal screening/diagnosis and ultrasound.

Anatomical ultrasounds are performed between 20-24 weeks of the pregnancy. The ultrasound is a critical medical diagnostic screening procedure. If we are able to identify the sex of your baby during the ultrasound and you wish to know, we will tell you, but the purpose of the anatomy ultrasound is to evaluate all of the fetal anatomy and rule out birth defects. Images for personal use will be provided when possible. Personal recording devices such as video cameras and cell phones are not allowed.

For patient and staff safety reasons, at the time of your appointment, **only one adult visitor**, 18 or older, will be permitted in the exam room. Please arrive with a **full bladder** and avoid food and drinks **high in sugar or caffeine**.

The ADC is located on the 6th floor (6F309), Mountainside, next to Labor and Delivery. Our hours are, Monday, Wednesday, Thursday and Friday 0800-1200; 1300-1600. Tuesday we are open 0800-1200 and closed in the afternoon for training. We are closed all Federal Holidays. Our clinic phone number is (808) 433-2850. If you are unable to reach us, we have a voicemail that is checked during the hours of operation and all calls are returned within 24 hours.

Whether your pregnancy is low or high-risk, our goal is to make your pregnancy an exciting and enjoyable experience. We look forward to seeing you and your family.

NADER RABIE, MD LTC, MC US ARMY Chief of Maternal-Fetal Medicine Department OB/GYN