

Breastfeeding Resource List

Check out these websites to learn more about breast pumps, nursing, nursing bras, slings, infant care supplies, and other products.

www.ameda.com	www.medela.com
www.whittlestone.com	www.whisperwear.com
www.aventamerica.com	www.lactationconnection.com
www.mobywrap.com	www.breastpumps4less.com
www.earthbaby.com	www.alternativebaby.com
www.babyflair.com	www.borntolove.com
www.decentexposures.com	www.parentingconcepts.com
www.parentsafely.com	www.mayawraps.com
www.baby-sling-experts.com	www.lalecheleague.org
www.ilca.org	www.aap.org
www.americanpregnancy.org	www.nineinnineout.org
www.amazingpregnancy.com	www.pregnancyatoz.com
www.lamaze.com	www.plus-size-pregnancy.org
www.motherwear.com	www.motherhood.com

Local suppliers

Mother and Child 626-6650 Maternity and Nursing wear, breast pumps and supplies	Makana Mother & Baby 734-2323 Maternity & Nursing Fashions, Medela Breast Pumps, Baby Carriers
Hawaii Mother's Milk Inc 949-1723 Consultation, pumps & parts, supplies	Love & Sweet Peas 263-PEAS Maternity and Nursing wear
Kelsey's Baby Specialties 486-9000 Infant supplies, pump sales, slings	Latte Express 741-4100 (c), 395-4140 Consults, pumps, accessories
Kahala Kids & Kahala Mama 737-6200 Nursing bras & Nursing Tank tops, baby accessories and supplies	Baby Emporium LLC 596-4868 Breast Pumps, Nursing Bras, Breast milk collection and storage supplies
Nursing Matters 265-6690, 273-2312 (pgr) Consultation, pump rentals & sales	Baby & You 347-0741 Breast pump sales & rentals, Slings
Baby Slings Hawaii 782-7918 www.babyslingshawaii.com	Motherhood Maternity 484-2116 Maternity and Nursing Wear

Breastfeeding Support Groups and Classes

Tripler Breastfeeding Class 433-2778x411 Take between 34-37weeks, offered 1 st and 3 rd Thursdays each month.	Aloha Mothers of Multiples 247-TWINS (247-8946) www.orgsites.com/hi/alohamultiples
La Leche League Windward 1 st Tuesday of the month at 1000 at the Queen Lili'uokalani Children's Center. Contact Melanie 254-5496 or Shannon 664-9027	La Leche League at Schofield Barracks 3 rd Tuesday of the month at 6pm. In the small meeting room at the Sgt Yano Library. Contact Lisa Mahla IBCLC 732-0438

Lactation Consultants

Brenda Willey RN, IBCLC at Tripler 433-3732	Sylvia Pager, MD, IBCLC 524-2885
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