



I have been a MFLC, Healthy Steps Specialist for 2 years in Hawaii with over twenty years of clinical experience in community behavioral health in Illinois. With providing support and clinical services to the Military veterans and service members in the community I understand and respect the many unique needs of our services members and Military families and pride my work in serving them as they are serving me with work that they do. In keeping with my values and beliefs of inclusion, integrity, and commitment, and desire to work primarily with the Military service members and their family, I was drawn to Leidos Company.

My clinical specialties groups include children and families. My love for children and understanding of how early childhood interventions and collaboration of a medical team approach can foster healthier outcomes for children and families lead me to my current position of a Healthy Steps Specialist. In my work with infants and children I get the joy and opportunity to see them grow and develop, not only are the children growing and developing but so are the families. I enjoy providing education about baby's development and activities for parents to do with baby/child. In addition, I find it helpful demonstrating to parent(s) being ok with support (e.g., waking with them, assisting with carrying baby's bag). I have the pleasure of seeing families feel better about their parenting skills and babies responding to the various

interventions provided, some of which include increasing reading time, play time, and language development.