

Aloha and welcome to our Genetic Counseling Class.

The purpose of this class is to inform you of the available options for genetic testing at TAMC. If you are considering genetic testing, this class must be completed first.

## Additional class information:

- 1. Classes are offered virtually every Tuesday at 1300hrs HST and Wednesday at 1700hrs HST. The class is scheduled for one hour, including questions. You will be scheduled into either the Tuesday afternoon class, or the Wednesday evening class by your OB registration nurse. They will also provide you with a handout containing information regarding how to access the class.
- 2. The class will review the following topics: birth conditions, genetic testing options, carrier screening, the newborn screen, timing of tests, and how to request your test of choice.
- 3. The instructor will use audio, video and screen sharing to conduct the class. Participants are not expected to use video, and participant audio will be muted. Questions will be taken from the chat.
- 4. In order to communicate your requests to us, you will need to use the MHS Genesis Patient Portal. If you have not already done so, please sign up for this at:

  <a href="https://patientportal.mhsgenesis.health.mil">https://patientportal.mhsgenesis.health.mil</a> When you are ready to communicate your testing preferences, please login to the Patient Portal, select Send Message and choose Tripler OB/GYN Antepartum Diagnostic Center (ADC) Clinic. If you type 'ADC' this will quickly narrow your choices.
- 5. Thank you for choosing Tripler Army Medical Center for your Obstetric care.

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