

How do I get a breast pump?

Step 1: Get a prescription

- Your prescription must be from a TRICARE-authorized doctor, physician assistant, nurse practitioner, or nurse midwife.
- Your prescription must show if you're getting a basic manual or standard electric pump. To get a hospital-grade pump, you need to work with your provider and your regional contractor to get a referral and authorization.
- Your prescription doesn't have to specify a brand.
- If you're going to get your breast pump from a network provider or durable medical equipment supplier, ask your provider to include a diagnosis code on your prescription.
- We suggest you make a copy of your prescription for your records.

Step 2: Get a pump

- If you don't want to pay up front, contact your regional contractor to find a network provider or supplier. You need to show your prescription.
- If you are working with a military clinic or hospital to get a breast pump, follow their processes and procedures.***
- If you don't mind paying up front, go to a TRICARE-authorized provider. An authorized provider is any individual, institution/organization, or supplier that is licensed by a state, accredited by national organization, or meets other standards of the medical community, and is certified to provide benefits under TRICARE. There are two types of TRICARE-authorized providers: Network and Non-Network. DS, supplier, or vendor (includes retail and online stores). Make sure to save and copy your receipt. You won't need to show your prescription.

Step 3: File a claim

- If you use a network provider or supplier, you don't have to file a claim.
- If you bought the pump yourself, file a claim:
- Complete a DD Form 2642
- Attach a copy of the prescription and receipt
- Mail it to your TRICARE claims processor and your regional contractor will mail you a check.

For other questions, please visit:

<https://www.tricare.mil/CoveredServices/IsItCovered/BreastPumpsSupplies>

***Each supplier has different instructions on how to order. Contact supplier of your choice online, by email, or by phone for instructions.

**Health Net Federal Services, LLC
Network Breast Pump Supplier List**

Group Name	Corporate Address	City	State	Zip	Phone	Fax	POC	POC Phone	Group Website	Do you carry standard electric breast pumps?	Do you carry hospital-grade breast pumps?	Do you currently carry breast pump supplies?	Serves AK?	Serves HI?
A Breast Pump and More	6241 YARROW DR STE A	CARLSBAD	CA	92011	8557867296	7144948571	James Orrell	(714) 515-7571	www.abreastpumpandmore.com	Yes	Yes	Yes		
Advanced Medical DME	9151 NE 81ST TERRACE STE 257	KANSAS CITY	MO	64114	8164298158	8168832596	Becky Hurd	(316) 687-3071	www.advancedmedicaldme.com	Yes	No	Yes		
Aeroflow Healthcare	3165 SWEETEN CREEK ROAD	ASHVILLE	NC	28803	8448679890	8008062799	Customer Service	(844) 867-9890	https://aeroflowbreastpumps.com/	Yes	Yes	Yes	Yes	Yes
Alpine Home Medical Equipment	4030 S STATE ST	SALT LAKE CITY	UT	84107	8014630044	8014632880	Janet Harkness	(801) 590-2703	www.alpinehomemedical.com	Yes	No	No		
Edgepark Medical Supplies	1810 SUMMIT COMMERCE PARK	TWINSBURG	OH	44087	8555042099	3304254533	Customer Service	(330) 963-6996	www.edgepark.com	Yes	Yes	Yes		
Edwards Health Care Services Inc	5640 HUDSON INDUSTRIAL PRKWY	HUDSON	OH	44236	8883443434	3303429559	Customer Service	(888) 344-3434	www.myehcs.com	Yes	Yes	Yes		
Frontier Home Medical	304 W 8TH ST	COZAD	NE	69130	8883263818	3087843061	Scott Geiser	(308) 784-3040	www.frontierhomemedical.com	Yes	No	Yes		
General Home Medical Supply Inc	717 LAKEFIELD RD STE D	HIDDEN VALLEY	CA	91361	8883110666	8054490047	Lena Shahinian	(805) 449-1559	www.generalhomemedicalsupply.com	Yes	No	No		
JQ Medical Supply	6910 S HIGHLAND DR STE 4	BRIGHTON	UT	84121	8019428582	8019428069	Tricia Thurman	(801) 942-8582	www.jqmedical.com	Yes	No	Yes		
McKesson Patient Care Solutions Inc	540 LINDBERGH DR	MOON TOWNSHIP	PA	15108	8447276667	8557162212	Blanca DiPatri	(856) 437-1905	www.mpcs.mckesson.com	Yes	No	Yes		
MedAK Inc	3650 LAKE OTIS PKWY STE 202	ANCHORAGE	AK	99508	9075690004	9072586863	Sabrina Hill	(907) 569-0004	www.medakinc.com	Yes	No	No		
Military Medical Supply	1440 S STATE COLLEGE BLVD #5H	ANAHEIM	CA	92806	8002706990	8004978856	Olivia Scheidt	(800) 270-6990	www.militarymedical.us.com	Yes	Yes	Yes	Yes	Yes
Military Medical Supply	99-061 KOAHA WAY #203	AIEA	HI	96701	8086919973	8882867412	Olivia Scheidt	(800) 270-6990	www.militarymedical.us.com	Yes	Yes	Yes	Yes	Yes
Military Medical Supply	1050 N. FAIRWAY DR BLDG B-106	AVONDALE	AZ	85323	8002706990	8004978856	Olivia Scheidt	(800) 270-6990	www.militarymedical.us.com	Yes	Yes	Yes	Yes	Yes
Nickes Medical Supply LLC	2820 N STANTON ST	EL PASO	TX	79902	9155338870	9155330078	Ng Austin-Eleje	(915) 633-3724	www.nickesmed.com	Yes	Yes	Yes	Yes	Yes
Pacific Medical Systems Inc	1407 132ND AVE NE STE 10	BELLVUE	WA	98005	4254620577	4254620432	Dorothy Nowik	(425) 462-0577	www.pacificmsi.com	Yes	No	Yes		
Prodigy Medical LLC	347 W DANVIEW AVE	NANWALEK	AK	99603	9072263400	9072263300	Jared Baker	(907) 226-3400	www.prodigyalaska.com	Yes	No	No	Yes	
Pumping Essentials	1660 SCHOOL ST STE 105A	MORAGA	CA	94556	8666884203	8885062520	Joy Kosak	(206) 446-3004	www.pumpingessentials.com	Yes	Yes	Yes	Yes	Yes
Shield California Health Care Center Inc	27911 FRANKLIN PKWY	VALENCIA	CA	91355	8002287150	6612941042	Melanie Miller	(661) 294-4235	www.shieldhealthcare.com	Yes	No	Yes		
TENS Unlimited	5145 N ACADEMY BLVD STE 210	COLORADO SPRINGS	CO	80918	7196384056	7196384080	Dorris Mantos	(719) 638-4056	www.tensunlimited.com	Yes	Yes	Yes		Yes
Therapeutic Resources Inc	16000 BOTHELL EVERETT HWY	MILL CREEK	WA	98012	8004888492	4253389463	Carrie Daggett	(425) 337-9609	www.trimedsupply.com	Yes	No	No		