



## School Age Children (SAC) 2022-2023 Influenza Programs

Due to reductions in federal funding and staffing for COVID-19 vaccination operations, this program is on hold this year.

## Beneficiaries Mass Vaccination Event Schedule

ALL TRICARE BENEFICIARIES	
DATES/TIMES	LOCATION
Oct 3-7, 2022 Times: 0800-1600	Hickam Clinic
Oct 11-14, 2022 Times: 0700-1500	Club Pearl, Joint Base Pearl Harbor Hickam
Oct 11-14, 2022 Times: 0800-1500	Kaneohe Bay Marine Corps Clinic Classroom 7
Oct 6-8, 2022 Times: 0800-1500	Building XX Desmond Doss Clinic



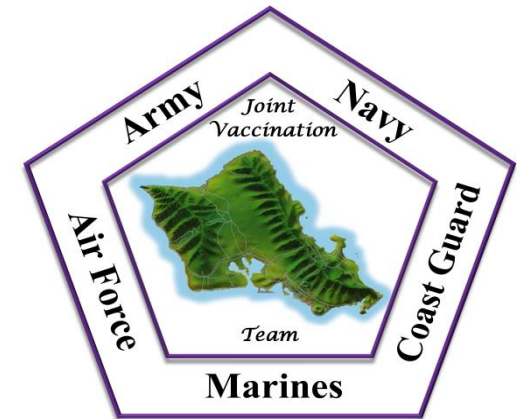
Beneficiary Immunization Clinic Hours*
<u>Kaneohe Bay Clinic</u> M-F: 0745-1530 Closed 2 <sup>nd</sup> Thursday of every month from 1100
<u>Makalapa Clinic</u> M-F: 0745-1500 Closed 2 <sup>nd</sup> Thursday of every month from 1100
<u>Hickam MDG</u> M-F: 0800-1130, 1300-1500
<u>DDHC - Schofield Barracks</u> Starting after October 10 <sup>th</sup> M-F 0800-1100, 1300-1500 Closed every Thursday afternoon
<u>Warrior Ohana Medical Clinic</u> M-W, F: 0815-1200, 1300-1500 Thurs: 0815-1200, 1300-1600
<u>TAMC Family Medicine Clinic</u> M-F: 0800-1115, 1300-1500 Closed every Wednesday afternoon
<u>TAMC Pediatric/Adolescent Clinic</u> M-W, F 0900-1200, 1300-1530 Thurs: 1000-1200, 1300-1530

\* = Assigned patients only. Verify clinic assignment 24/7 at 844-866-9378 (Tri West)

# 2022-2023

## Hawaii Joint Vaccination Team

## Influenza Vaccination Information



Oahu Joint Services  
Phone: 808-433-1FLU

Revised 20 SEP 22



## Who should get the Flu Vaccine?

- All people **6 months of age and older** should get flu vaccine.
- Vaccination is especially important for people at higher risk of severe influenza and their close contacts, including healthcare personnel and close contacts of children younger than 6 months.
- Influenza vaccine can be administered at any time during pregnancy. People who are or will be pregnant during influenza season should receive inactivated influenza vaccine

## There are some people who should not get the vaccine.

- If you ever had a life-threatening allergic reaction after a dose of flu vaccine or have a severe allergy to any part of the vaccine, you may be advised not to get a dose.
- If you ever had Guillain-Barré Syndrome (a severe paralyzing illness, also called GBS). Some people with a history of GBS should not get the vaccine. This should be discussed with your doctor.
- People with minor illnesses, such as a cold, may be vaccinated. People who are moderately or severely ill should usually wait until they recover before getting influenza vaccine.

## Where to get the Flu Vaccine?

- All Beneficiaries can check with their military clinic locations after **OCTOBER 3, 2022** for vaccination availability.
- Beneficiaries may also go to any Tricare retail network pharmacy to be vaccinated at no cost.
- Find an eligible pharmacy near you at: <https://militaryrx.express-scripts.com/find-pharmacy>

## 2022-2023 DOD will offer:

- **Inactivated influenza (Flu shots)**
- **High Dose Inactivated Influenza (> 65 years old)**
- **Other vaccine types (i.e. LAIV – mist) will be available at commercial pharmacies servicing Tricare beneficiaries.**

\*\*Individuals can receive the influenza vaccine at the same time as the COVID vaccine and COVID boosters.\*\*

Adapted from CDC material  
Please visit [www.CDC.gov](http://www.CDC.gov) for more information on Influenza virus and vaccines.

## Preventing the Flu:

1. GET VACCINATED! Vaccination is the primary way to prevent the flu.
2. Avoid close contact with people who are sick. When you are sick keep your distance from others.
3. Stay home when you are sick. This will aid in reducing transmission of your illness.
4. Cover your mouth and nose with a tissue when coughing or sneezing.
5. Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
6. Germs are often spread when a person touches contaminated things avoid touching eyes, nose, or mouth.
7. Other good habits are to get plenty of sleep, engage in physical activity, drink plenty of water and eat healthy meals to help you stay healthy.
8. If you contract the flu, there are medications that are available to help. Your provider can discuss this with you if necessary.