



Tripler Lactation Services

Outpatient Lactation Clinic

Appointments with an IBCLC (International Board Certified Lactation Consultant) are available in the Outpatient Lactation Clinic, located in the Tripler OB GYN Clinic.

Schedule an appointment for breastfeeding assistance, latch assessment, review of breast milk supply, weighted feeding to assess transfer and any other lactation related concerns. To schedule an outpatient lactation appointment call 808-433-2778 ext 3,3,1

Breast Pump Prescriptions

A prescription for a standard electric breast pump and kit will be provided to you by your provider during a prenatal visit at or after 27 weeks of pregnancy. Once you have the pump prescription, you may obtain your pump. You can either purchase the pump yourself and submit to Tricare for reimbursement or you may obtain a pump from a Tricare authorized vendor.

Inpatient Lactation

Lactation Consultants are available to assist hospitalized Mothers with breastfeeding, breast pumping and any other lactation needs.

Contact Tripler Lactation Services by calling 808-433-3732

Virtual Prenatal Breastfeeding Class

Learn about breastfeeding basics. In class, we'll cover the following breastfeeding topics: How breastfeeding works, skin to skin, effective latch, breastfeeding holds & positions, how to maintain healthy milk production, how to tell if baby is getting enough, breast pumping, the breastfeeding lifestyle and much more. To sign up to attend the Virtual Prenatal Breastfeeding Class, call 808-433-2778 ext 3,3,1