

Get to know the Pediatric, Adolescent and Young Adult PCMH 'Ohana

Front Desk Staff:



Ms. Ava Sison – Medical Support Assistant

Credentials: MSA, ASCP

Languages: ENGLISH AND TAGALOG

About me: Originally from Manila Philippines, moved to Los Angeles, California and currently stationed here in Hawaii, I have been working in healthcare field for about 8 yrs. I am a proud mom of 4, a supportive Navy wife. I love to go hiking and spending time with my OHANA.



Ms. Kathleen Rickley – Medical Support Assistant

Credentials: MSA

Languages: English

About me: Aloha! I am originally from Pennsylvania. I joined the Department of Pediatrics in August 2022. In my spare time, I enjoy watching movies (especially the 80s & 90s). I am a proud military spouse who raised 4 sons through a 24 year career with 2 year long deployments....We ARE...PENN STATE!!

Health System Support:

Mr. Jerel Brooks



Credentials: N/A

Additional skills: N/A

Languages spoken: English

About me: Born and raised in Providence, Rhode Island, 21 year Army Veteran, Deployed to Iraq and Afghanistan Diehard fan of the 6-Time Super Bowl winning New England Patriots. Enjoys taking cruises and has been on over 10 cruises on Carnival Cruise Line Grandfather of 3 to Carlie & Charlie (Twins) and Ezzaria Favorite Candy: Swedish Fish Favorite Movie: The Shawshank Redemption Favorite TV Show: Law & Order SVU.

Licensed Practical Nurses and Health Technicians:



Ms. Julie Arceo – LPN

Credentials: COMPLETED 4 YEARS BACHELOR OF SCIENCE IN NURSING (CLDH-PHILIPPINES), ATTENDED WOMEN'S HEALTH RURAL MINI-RESIDENCY. Licensed Practical Nurse

Additional skills: BLS

Languages: ILOCANO, TAGALOG, ENGLISH

ABOUT ME: I was born and raised in the Philippines and migrated to the U.S. in 2008. I moved from L.A. California to Hawaii. I love listening to alternative genre type music and like to watch suspense movies. I am a mom of 4 (this includes 2 pooches 😊).



Ms. Pamela Binarao – LPN

Credentials: Licensed Practical Nurse

Additional skills: BLS

Languages: I'm fluent in English and can understand Tagalog.

About me: I was born and raised in San Diego, CA. I've been a practical nurse since January 2014. I enjoy game nights with friends, playing the piano, hiking, eating delicious cuisines, and spending time with family.



Ms. JoAnn Bailey- LPN

Credentials: Licensed Practical Nurse

Additional skills: BLS

Languages: English

About me: About me: Previously Paramedic, Firefighter from Maryland. Experience mostly in acute care/emergencies. Nursing for over 30 years. (At Tripler for 11 years.) Volunteer for Honolulu Marathons. Have 4 children, 4 grandchildren. Avid Baltimore Ravens fan. Love to travel, camp, swim, snorkel, kayak, hike, wineries...



Ms. Margaret Ann "Peggy" Chun- LPN

Credentials: Licensed Practical Nurse

Additional Skills: BLS, Immunizations Specialist

Languages: English

About me: I have been a pediatric nurse for more than 40 years. I grew up in HAWAII and call the island home. One of my greatest pleasures in life is babysitting children.



Mr. Marc Domingo – HT

Credentials: HT/CAN

Additional skills: BLS, Bilingual, Active Listener, Customer Service and many more!

Languages: English, Tagalog

About me: A Navy brat ☺ Born in San Diego, California. Raised in Japan, Hawaii, San Diego and the Philippines. Graduated from Far Eastern University, Former Nurse and Red Cross Emergency Response Unit in the Philippines. I love gaming on my PC!

Ms. Radiant Fuimaono – LPN

Credentials: LPN

Additional skills: BLS (AHA), PALS certified

Languages: English, Samoan

About me: I am Samoan by heritage. I was born in San Jose, California but was raised in American Samoa, a small island located on the equator on the Pacific Ocean. My hobbies include, reading and singing. I moved to Hawaii from American Samoa about 5 yrs ago and love being in another island. As an LPN, I have had a total of about 11 yrs of experience; the first 5 in Adult Med-Surg (to include the ER and the ICU in American Samoa) and the last 6 in the Pediatrics Clinic here at Tripler.



Ms. Inah Flores – LPN

Additional Skills: BLS

Languages spoken: English, Tagalog

About me: Hi, my name is Inah pronounced as “ee-nuh”. I love to try new cuisines and traveling around the world. My favorite place I’ve visited is Europe and favorite season is Winter. “Gluhwein” is my favorite Christmas drink. I’m shy at first but when you get to know me, I can be chatty and we can be good friends!



Ms. Mary Reuter – LPN

Credentials: Licensed Practical Nurse

Additional skills: BLS

Languages: English, Vietnamese

About me: Hi, I was born and raised in Monterey, California. I enjoy cooking, hiking, snorkeling, and traveling.



Ms. Marixenia Makaiau – HT

Credentials: Health Technician

Additional Skills: BLS

Languages: English, Spanish

About me: I am a native Spanish speaker born and raised in Panamá, South America. I started working in patient care in 2006 and started here at Tripler in 2017. My hobbies are hiking and running. I also love to travel and learn about different cultures and their traditions. I have been a military wife for 30 years and mother of 3 wonderful kids.



Ms. Dalrissa Marcq - HT

Credentials: HT, CMA

Languages Spoken: English

About me: I moved here with my family from Washington state in March 2021. I have 3 children. I love being in Hawaii with the fabulous weather and beaches. My favorite things to do are spending time with friends and family, going to the beach, and shopping.

Ms. Regina Ramos – HT

Additional skills: BLS

Languages spoken: English



Ms. Lola Elaine Smith – LPN

Credentials: LPN

Additional skills: BLS

Languages spoken: English

About me: Born and raised in St. Louis Missouri. Oldest of 4 children. Mother of 4, grandmother of 5. Married 28 glorious years. Began medical career as CNA and currently practicing as an LPN at Tripler Army Medical Center, Adolescent and Young Adult Clinic. I love horror movies, reading, and dancing.



Ms. Cindy Tran – HT

Credentials: Health Technician

Additional skills: I used to be a phlebotomist.

Languages spoken: Bilingual (Vietnamese and English)

About me: I have a basic nursing background with a BS Degree in Human Development and Family Studies. I enjoy giving my time and effort in taking care of patients, especially in the Pediatric Department. On days off, I like to spend time with my family because time is an essence.



Ms. Mikael “Miki” Wotring – LPN

Credentials: LPN

Additional skills: BLS

Language: English

About me: I’m just me, there is no one else like me. Be a good person, it is easier than pretending to be a good person.



Ms. Priscilla Young – LPN

Credentials: LPN

Additional skills: BLS

Language: English

About me: Born and raised on the island of Oahu and grew up in Kalihi! I’ve been an LPN since 2011 and started here at Tripler in 2013; 7 years in Family Medicine and almost 2 years in Pediatrics. I love hanging out with my family, playing volleyball, board games, hiking, and would love to travel more.

Registered Nurses:



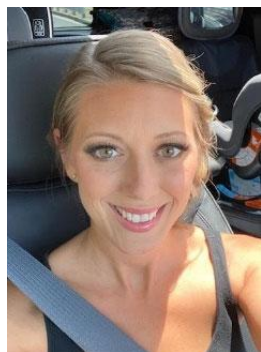
Tiffani E.S. Adams- RN

Credentials: RN-BSN

Additional skills: BLS, ACLS, PALS

Languages: English

About me: I'm originally from Charleston, SC. Former Navy brat and now Army spouse. Graduated from College of Charleston with a BA in Biology in 2014. Graduated from the Accelerated BSN Program at Medical University of South Carolina in 2015. I'm a jack of all trades when it comes to pediatrics; I've worked in Peds ED, Peds Inpatient, PICU, NICU. I'm a huge fan of pop culture, theme parks, and travel! When I'm not in clinic I can usually be found at the beach, hiking, planning my next Disney trip, or checking out a new restaurant.



Shannon Biecker- RN

Credentials: BSN, RN

Additional skills: BLS

Languages: English

About me: I am originally from Connecticut, and moved to Hawaii in 2014. I have been working at Tripler for 6 years. I am a mom of 2 boys and a dog. I enjoy the beach, anything outdoors, and being around family and friends.



Kimi K. Miyashiro- RN Case Manager

Credentials: RN, Nurse Case Manager

Additional skills: BLS, CCM

Languages: English, Japanese

About me: Aloha! I am born and raised in Hawaii and have been in the nursing career for 30+ years. I enjoy watching and attending sporting events, particularly football. Devoted fan of the LA RAMS and UH WARRIOR football teams! I enjoy spending time with my family and traveling to Japan and Las Vegas.



Luis Raez – RN Case Manager

Credentials: MBA - IHM, BSN, RN

Additional skills: BLS, PALS, ACLS

Languages: English, Spanish, Italian

About me: I was born and raised in Peru. I migrated to the US in 2004 and joined the Army serving 13 years of active duty as a lab tech and then as an RN, currently serving in the Army Reserve. I enjoy running, hiking, traveling, experiencing diverse cultures, international soccer tournaments, and MMA events.



Taylor Rae Richardson- RN

Credentials: RN, BSN

Additional skills: BLS, TNCC, TCAR

Languages: English

About me: Aloha! I am born and raised on Oahu. I have a 1-year-old son named Ezekiel and a Frenchie named Hina. I love to be in the ocean and play soccer on my free time.



Diana Sewelson- RN

Credentials: Registered Nurse

Additional skills: BLS

Languages spoken: English

About me: I have been at Tripler for 8 years. I have an 8-year-old son and a Frenchie. I enjoy hiking, going to the beach, and being a Jiu Jitsu mom.



Brooke Tijerina- RN

Credentials: APRN, CPNP-PC, CPHON

Skills: APHON, BLS

About Me: I am a Navy wife of 12 years, mom to the sweetest 5-month-old boy and our fur babies (2 cats and 2 dogs), and I have been a pediatric nurse for 11 years. I am originally from San Antonio, TX. I graduated from Texas A&M (Gig 'Em!) with a BS in Nutrition, obtained a BSN/MSN from the University of South Alabama, and received my PNP degree/certification in June 2020. I am nationally certified as a pediatric hematology/oncology nurse with experience in several other areas of pediatrics. I love mom life, spending time with family and friends, anything coffee/caffeine, running/exercise, hiking, cooking, and traveling!



Clinical Nurse Officer in Charge (CNOIC):

Mr. Richard Rickley, MAJ (Ret), AN – RN

Credentials: MSN, BSEd, RN

Additional skills: BLS

Languages: English

About me: I was born and raised in central Pennsylvania and have been a Hawai'i resident since 2020. In 1990, I joined the Army and served for 23 ½ years progressing from a PV2 to SSG as a Combat Medic before taking a commission as an Army Nurse Corps officer and retired as a Major in 2013. I enjoy running, golfing, days on the beach and am a fan of Pittsburgh Steelers, Pirates, and Penn State Nittany Lions.

Pediatric, Adolescent, and Young Adult PCMH Nutrition:



Anna Tai

Credentials: RD, CD, CSP

Additional skills: Basic Life Support

Languages: English

About me: 20 years at TAMC Pediatric nutrition; from Hong Kong/Macau originally; hobbies – tennis, standup paddling, hiking and golf.

Clinical Pharmacist:

Dr. Erika Toth

Credentials: PhD in Clinical Pharmacist

Additional skills: Basic Life Support

Languages: English

Pediatric, Adolescent, and Young Adult PCMH IBH (Integrated Behavioral Health):



Dr. Seo Yong "James" Yang

Credentials: PhD in Clinical psychology

Additional skills: none

Languages: none

About me: Serves as the Behavioral Health Consultant in the Pediatric Department. His primary interest includes anxiety disorders, depression, relational problems, PTSD and primary care and behavioral health integration. In addition to his responsibilities at Tripler Army Medical Center, he is the current Chief Behavioral Health Officer in the Hawaii Army National Guard. His hobbies include participating in masters water polo and swimming.

Adolescent and Young Adult attending physicians:



Dr. Paul Heese, MAJ (Officer in charge Adolescent and Young Adult Clinic)

Credentials: D.O.

Additional skills: BLS, PALS, FAAP, SAMFE

Languages: English

About me: Originally from Richmond, Virginia. I went to medical school at VCOM and completed my pediatric residency at Madigan AMC, and my adolescent medicine fellowship at Brooke AMC. I enjoy cooking and cooking shows and taking my 3 kids to the local skate park. Aloha.



Dr. Sean Carroll, Ret (COL)

Credentials: MD

Additional skills: BLS, PALS, SAMFE

Languages spoken: English

About me: Board Certified by the American Board of Pediatrics in two specialties, Adolescent Medicine, and General Pediatrics. Practicing medicine since 1995. 22-year Army retired veteran. Born and raised in St. Louis. Avid sports fan of the Cardinals, Blues and St. Louis City SC. Interests include coin collecting, hard rock, and paranormal TV shows.

General Pediatric Attending Physicians:



Dr. Renee Miyashiro (Officer-In-Charge, General Pediatric Clinic)

Credentials: MD

Additional skills: BLS, PALS, USUHS Assistant Faculty

About me: (Just 2-3 lines of experience, hobbies, etc.) 10+ years' experience as a General Pediatrician. Enjoys spending time with family, food, and travel.



Dr. Stephanie S. Vann

Credentials: MD

Additional skills: BLS, PALS

Languages: German, some medical Spanish

About me: Pronouns: She/her. Raised in Hawaii, Board certified in Pediatrics since 2001, private practice 2001-2008, Staff Pediatrician at Tripler 2008-present. I enjoy gardening and snorkeling with my husband and 2 teenagers.



Dr. Kris Kong-Sun Baik

Credentials: MD

Additional Skills: BLS, PALS

Languages: English

Experience: Residency trained with US Air Force, over 20 yrs of experience in Pediatrics.

Hobbies: Art/Crafts, writing

Dr. Michael K. Hirata, MAJ (General Pediatric Clinic)

Credentials: MD, FAAP

Additional skills: BLS, ALS, PALS, NRP

Languages: English

About me: Aloha! I'm a board-certified active-duty pediatrician with 8 years of experience in pediatrics. I was born at Tripler Army Medical Center (TAMC) and I'm extremely excited to be taking care of the next generation of TAMC keiki. I have a passion for teaching, mentorship, and managing the care of children with medical complexity.

Dr. Alison Semanoff, LTC

Credentials: MD, Pediatrician

Additional skills:

Languages: English

About me: Originally from central Pennsylvania, I attended the USMA followed by medical school at Penn State University.



Dr. Ingrid Yonkin, LTC (Medical Director Pediatric, Adolescent, and Young Adult PCMH)

Credentials: MD, Pediatrician FAAP, MBA.

Additional skills: NRP and BLS instructor. PALS, ALS, ATLS, Advance Wilderness Expedition provider.

Languages: English and Spanish

About me: I was born in Colombia and bilingual (Spanish); I've been a physician since 2001 and pediatrician for over 8 years. I enjoy fitness, nutrition, travel, and outdoor activities. In Tripler since September 2020.

Non-Commissioned Officer In-Charge:

SSG Ruben Angel Pineda- PCMH NCOIC

Credentials: Licensed Practical Nurse

Additional Skills: BLS, Basic Rhythm Recognition

Languages spoken: English

About me: I began my nursing career working on a inpatient cardiac telemetry floor that eventually transitioned over to receive patients actively affected by COVID-19. I am looking forward to expanding my knowledge in the world of Pediatrics, I currently have no kids of my own so this is like dipping my toes in the water.

Healthy Steps Specialists:



Donna Smith, Healthy Steps Specialist

Credentials: psy.D, LCPC, CADC

Languages: English

About me: I have been a MFLC, Healthy Steps Specialist for two years in Hawaii and became a part of Tripler pediatrics team in 2021. I have over 20 years of clinical experience in community behavioral health in Illinois. With providing support and clinical service to the Military veterans and active service members in the community, I understand and respect the unique needs of our service members and families and pride my work to the helping service.

I love working with children and love all types of dogs. Since residing in Hawaii I have become very fond of surfing but only an observant fan for now.



Maria Del Carmen Reta, Healthy Steps Specialist

Credentials: MS, LMFT (Licensed Marriage and Family Therapist)

Languages: English, Spanish

About me: I like hiking, taking care of my two cats, gym time, and caring for my three children (two adults 😊) I have a private practice in which I see a number folks with issues of addiction, relational problems, PTSD, other traumas. I have about 27 years of experience with working with military personnel. I worked as a counselor on Schofield, in a clinic called The Family Life Center, part of the Chaplain Corp. I then, went to JBPH and worked with youngsters and their families. Heard about this TAMC position and my HEART SWELLED UP WITH JOY!!!! I am super happy to join the TAMC Pediatric 'Ohana!