

Other Pharmacy Services

Spend Less Time Waiting at the Pharmacy

**Wait
in line
virtually!**

Use Q-Anywhere

Text "Get in line" to 844-616-2556 or via the QR code to activate your **NEW** prescription.

You will receive a text when your prescription is ready for pickup.

Scan me!



Proceed to the pharmacy when you get a text your prescription is ready.

Benefits:

- Spend more time doing the things that are important to you, rather than waiting at the pharmacy.
- Prescription issues resolved before you arrive at the pharmacy.
- Prescriptions are ready when you arrive



Pharmacies

15th Medical Group (Hickam) Joint Base Pearl Harbor-Hickam MON-FRI: 7:30 a.m. – 4:30 p.m. Closed third Thursday of the Month	Branch Health Clinic Kaneohe Bay Kaneohe Marine Corps Base Hawaii MON-FRI: 8 a.m. – 4 p.m.
Branch Health Clinic Makalapa Joint Base Pearl Harbor-Hickam MON-FRI: 8 a.m. – 4 p.m.	Desmond T. Doss Health Clinic Schofield Barracks MON-FRI: 7:30 a.m. – 5:30 p.m. (Closed Thursdays 1 p.m. – 3 p.m.) SAT-SUN: 8 a.m. – 4 p.m. (Closed 12 p.m. – 12:30 p.m.)
Tripler Army Medical Center Honolulu MON-FRI: 8 a.m. – 6 p.m. (Minimal Manning Days 8 a.m. – 5 p.m.)	Warrior Ohana Medical Home Kapolei MON-FRI: 8:30 a.m. – 4:30 p.m. (Closed 12:30 p.m. – 1 p.m.)



Tripler Pharmacy Self-Care Medication Program



Self-care medications are available at the Main Pharmacy (4th floor Mountainside) and at the Warrior Ohana Medical Home Pharmacy. Patients need to present their DOD beneficiary I.D. card to obtain the medications listed.

Pharmacy Hours of Operations

	TAMC Main Pharmacy (Mountainside 4th Floor)	Warrior Ohana Medical Home Pharmacy
Monday to Friday	8 a.m. - 6 p.m. (Minimal Manning Days 8 a.m. - 5 p.m.)	8:30 a.m. - 4:30 p.m. (Closed 12:30 p.m. - 1 p.m.)

- ♦ *Pharmacy is unable to dispense self-care medications to pregnant or nursing women; they will need a prescription for all their medications (with the exception to prenatal vitamins).*
- ♦ *Pharmacy is unable to dispense medications if infants/children do not meet the manufacturer age requirements.*

Please contact the Pharmacy at 808-433-7880 if you have any questions.

To obtain Self-Care medication, please pull a pharmacy ticket and present your ID Card to the pharmacy staff. Please inform the pharmacy staff if the medication is for another family member. ID cards are required for patient 10 years of age and older.

- Maximum of 2 medications per person per month. No duplicates.
- Self-care medications are intended for short-term use. Patients should seek medical care for symptoms lasting longer than 72 hours.
- Medication used in this program are subject to change.

PAIN RELIEVERS & FEVER REDUCERS	
SYMPTOMS/ INDICATIONS	MEDICATION (AGE RESTRICTIONS)
Temporary Relief of Pain or Fever	Acetaminophen (Tylenol) 160mg/5mL Liquid (> 2 Years Old)
	Acetaminophen (Tylenol) 325 mg Tablet (> 6 Years Old)
Temporary Relief of Pain or Fever	Ibuprofen (Motrin) 100 mg/5mL Liquid (> 2 Years Old)
	Ibuprofen (Motrin) 200 mg Tablets (> 12 Years Old)
COUGH & COLD	
SYMPTOMS/ INDICATIONS	MEDICATION (AGE RESTRICTIONS)
Temporary Relief of Nasal Congestion	Oxymetazoline (Afrin) 0.05% Nasal Spray (> 6 Years Old)
ALLERGY & SINUS CARE	
SYMPTOMS/ INDICATIONS	MEDICATION (AGE RESTRICTIONS)
Temporary Relief of Allergies, Runny Nose, Sneezing, Wa- tery/Itchy Eyes, and Itching of the Nose/Throat	Cetirizine (Zyrtec) 1 mg/mL Liquid (> 2 Years Old)
	Diphenhydramine (Benadryl) 12.5 mg/mL Liquid (> 6 Years Old)
	Diphenhydramine (Benadryl) 25 mg Tablets (> 6 Years Old)
	Loratadine (Claritin) 10 mg Tablets (> 6 Years Old)
Temporary Relief of Itchy Skin	Hydrocortisone 1% Cream (> 2 Years Old)
Temporary Relief of Dry Nose	Sodium Chloride 0.65% (Deep Sea Nasal) (> 2 Years Old)
FIRST AID	
SYMPTOMS/ INDICATIONS	MEDICATION (AGE RESTRICTIONS)
Prevent Infection in Minor Cuts, Scrapes, and Burns	Bacitracin Ointment (> 2 Years Old)

**Pharmacy reserves the right to refer any patient to their
Primary Care Manager (PCM) for medical evaluation.**

STOMACH & RECTAL CARE	
SYMPTOMS/INDICATIONS	MEDICATION (AGE RESTRICTIONS)
Relief of Occasional Constipation	Polyethylene Glycol 3350 (MiraLAX) (> 17 Years Old)
Controls Symptoms of Diarrhea	Loperamide (Imodium) 2 mg Caplet (> 12 Years Old)
SKIN & FOOT CARE	
SYMPTOMS/INDICATIONS	MEDICATION (AGE RESTRICTIONS)
Treatment of Acne	Benzoyl Peroxide 10% Gel (Clearasil) (> 2 Years Old)
Treatment of Athlete's Foot, Jock Itch, & Ringworm	Clotrimazole 1% Topical Cream (> 2 Years Old)
Helps Treat/Prevent Diaper Rash & Dries Oozing/Weeping of Poison Ivy/Oak/Sumac	Zinc Oxide 20% Ointment (> 2 Years Old)
EAR CARE	
SYMPTOMS/INDICATIONS	MEDICATION (AGE RESTRICTIONS)
Occasional Use as an Aid to Soften, Loosen, and Remove Excessive Earwax	Carbamide Peroxide 6.5% (Debrox) (> 12 Years Old)
EYE CARE	
SYMPTOMS/INDICATIONS	MEDICATION (AGE RESTRICTIONS)
Temporary Relief of Dry Eyes	Carboxymethylcellulose 0.5% Drops (Refresh Tears) (> 2 Years Old)
CONTRACEPTION	
SYMPTOMS/INDICATIONS	MEDICATION
Oral Contraception	Norgestrel 0.075 mg (Opill)
Emergency Oral Contraception	Plan B (Levonorgestrel 1.5 mg)
FEMININE CARE	
SYMPTOMS/INDICATIONS	MEDICATION (AGE RESTRICTIONS)
Treats Vaginal Yeast Infections	Clotrimazole 1% Vaginal Cream (> 12 Years Old)
PREGNANCY NUTRITION	
SYMPTOMS/INDICATIONS	MEDICATION
Pregnancy Nutrition	Prenatal Multivitamin Tablet