

Room Service Menu



Name: _____
Date of Birth: _____
Meal Date: _____

Ways to order your Meals:

- Fill out a paper menu and give to nurse.
* Nurse will fax to our office 433-5351
or
* Menus are picked up from the Nurse Station after each meal

If no order is placed, a Chef Select will be delivered.
Pre-ordering is available

Breakfast

Served
Between
7:00am-9:00am
Order deadline
06:30 am

Lunch

Served
Between
11:15am-1:30pm
Order deadline
10:30 am

Dinner

Served
Between
4:00pm-5:30pm
Order deadline
02:00 pm

We'd love to hear from you. Scan the code to leave a quick review or suggestion, it only takes 30 seconds.

No login required



Anonymous option available

Entrees SELECT ONE

- Buttermilk Pancakes (42) ▼
- French Toast (36) ▼
- Loco Moco—choice of beef(52) or veggie patty(73)
- Low Cholesterol Scrambled Eggs ♥ ▼
- Two Eggs ♥ ▼ —fried hard, scrambled, or hard-boiled
- Breakfast Burrito (60) ▼ —scrambled eggs, potato, and cheese*
- Breakfast Egg and Cheese Sandwich on English Muffin (27) ▼ choice of ham, pork patty or veggie ▼
- Omelet (egg substitute available ♥) with your choice of—Onions ▼, Spinach ▼ Tomato ▼, Ham, Bell Pepper ▼, Mushrooms ▼, Bacon, Cheese ▼

Side Items SELECT THREE

Please choose up to three (3) from the List Below

- Bacon
- Cottage Cheese ▼
- Sausage: Pork, Turkey or Veggie ♥ ▼
- Breakfast Potatoes (18) ♥ ▼
- English Muffin (24) ♥ ▼
- Bagel—Blueberry(61) ▼ or Plain(45) ▼
- Rice—White or Brown(28) ♥ ▼
- Muffin—Blueberry(36) ▼ or Bran(38) ▼
- Toast—White(15) ♥ ▼, Wheat(18) ♥ ▼ Cinnamon-Raisin ♥ ▼

Fruit & Yogurt

- Chilled Pineapple (18) ♥
- Chilled Peaches (17) ♥
- Chilled Fruit Cocktail(19) ♥
- Chilled Pears(17) ♥
- Greek Yogurt(23) ♥ (assorted flavors)
- Applesauce (13) ♥
- Orange (11) ♥
- Banana (31) ♥
- Apple (22) ♥

Cereal ▼

- Oatmeal (14) ♥
- Fruit Loops (24) ♥
- Rice Krispies (21) ♥
- Frosted Flakes (30) ♥
- Grits (30) ♥
- Special K (17) ♥

Beverages ▼ SELECT ONE

Choose up to two (2)

- Milk—Skim (12) ♥, 1% (12) ♥, Whole (12), Chocolate (31) ♥, Vanilla Soy Milk (12) ♥
- Juice—Apple(14), Orange(13), Cranberry(17), Guava(16), Passion Orange(15), Prune(20) ♥
- Crystal Light—Fruit Punch, Lemonade, Iced Tea ♥
- Coke or Sprite—Regular (35) or Diet
- Coffee—Regular or Decaf ♥
- Hot Tea—Regular, Green or Decaf ♥

Condiments

(Limit up to five)

- Salt
- Salsa
- Tabasco
- Creamer
- Honey (7)
- BBQ Sauce
- Light Cream Cheese
- Pepper
- Mustard
- Margarine
- Lemon Juice
- Sugar (3)
- Shoyu Sauce
- Herb Seasoning
- Sour Cream
- Tartar Sauce
- Lemon Wedge
- Brown Sugar (9)
- Peanut Butter
- Ketchup
- Mayonnaise
- Jelly
- Saltines (7)
- Splenda

Lunch

Entrees

SELECT ONE



Hot Entrees

Grilled Chicken Parmesan (6) Roast Turkey with Gravy ♥
 Pot Roast with Gravy ♥ Herb Crusted Chicken (7)
 Grilled Chicken Breast ♥ Rotini Pasta: *Marinara Sauce* (39) ▼ or *Meat Sauce* (32) ♥
Open-face Turkey Sandwich (13) ♥ *Open-face Roast Beef Sandwich* (13) ♥

Pizza Bar (Limit three (3) toppings)

7" Personal Pizza (61)

Onions ▼ Bell Pepper ▼ Bacon Mushroom ▼ Tomato ▼
 Spinach ▼ Ham Pepperoni

Entrée Salads

Asian Chicken Salad (27) Chef Salad (7)

Dressings Available:

Ranch ♥ Asian (12) French
 Thousand Island Italian Balsamic Vinaigrette

Hot off the Grill

Hamburger (29) Garden Burger (50) ▼
 Cheeseburger (31) Grilled Chicken Sandwich (29) ♥ Chicken Nuggets (21)
 Grilled Cheese Sandwich (41) ▼ *add ham*
 Cheese Quesadilla (52) ▼—*chicken, pork, veggie* ▼

Deli Favorites Create Your Own Sandwich with the Following:

Meats—Turkey, Ham Salads—Egg (7) ▼, Chicken, Tuna (7)
 Cheeses—American ▼, Provolone ▼
 Spreads—Peanut Butter (5) ▼, Jelly (10) ▼
 Bread—White (28) ♥ ▼, Wheat (36) ♥ ▼, Tortilla (50) ▼
 Extras—Lettuce, Tomato, Pickles, Onion ▼

Soup & Side Dishes SELECT TWO

Chicken Noodle Soup (9) ♥ Tomato Soup (13) ♥ ▼
 Cream of Mushroom Soup (8) ♥ ▼ Broth—*chicken, beef, or vegetable* ▼
 Steamed Broccoli ♥ ▼ Steamed Carrots (5) ♥ ▼ Squash Medley ♥ ▼
 Steamed Green Beans (5) ♥ ▼ *Roasted Cauliflower* ♥ ♥
 Vegetable Plate (10) ♥ ▼ Tossed Salad (7) ♥ ▼ Baked Potato (34) ♥ ▼
 Baked Potato Chips (25) ▼ Mashed Potatoes with Gravy (21)
 Sweet Potato (25) ♥ ▼ Roasted Potato Wedges (25) ▼
 Dinner Roll (20) ♥ ▼ Macaroni & Cheese (37) ▼

Deserts

SELECT ONE

Ice Cream—*Chocolate* (14) ▼, *Vanilla* (9) ▼ Cheesecake (32) ▼
 Gelatin—*assorted flavors* (25) ♥ Brownie (22) ▼ Freeze Pop (9) ♥ ▼
 Chocolate Chip Cookie (29) ▼ Banana (31) ♥ Apple (22) ♥
 Macadamia Nut Cookie (20) ▼ Orange (11) ♥ Applesauce (13) ♥
 Chocolate Pudding (26) ♥ Vanilla Pudding (22) ♥ ▼
 Chilled Pears (17) ♥ Chilled Peaches (17) ♥
 Chilled Cocktail (19) ♥ Greek Yogurt (23) ♥ (*assorted flavors*)
No Sugar Added Desserts
 Chocolate Pudding (9) ♥ ▼ Vanilla Pudding (9) ♥ ▼ Gelatin—*assorted flavors* (5) ♥ ▼

Beverages

SELECT TWO

Milk: Skim (12) ♥, 1% (12) ♥, Whole (12), Chocolate (31) ♥,
 Vanilla Soy Milk (12) ♥
 Juice: Apple (14), Orange (13), Cranberry (17), Prune (20) ♥
 Crystal Light: Fruit Punch, Lemonade, Iced Tea ♥
 Coke or Sprite: Regular (35) or Diet
 Coffee: Regular or Decaf ♥ Hot Tea: Regular, Green or Decaf ♥

Condiments

(Limit up to five)

Salt	Pepper	Herb Seasoning	Ketchup	Salsa
Mustard	Sour Cream	Mayonnaise	Tabasco	Margarine
Jelly	Tartar Sauce	Creamer	Lemon Juice	
Lemon Wedge	Saltines (7)	Shoyu Sauce	Peanut Butter	
Honey (7)	Sugar (3)	Brown Sugar (9)	Splenda	BBQ Sauce
Light Cream Cheese				

Local Favorites

ENTREES (Select one)

• Kalua Pork Shoyu Chicken (12) ♥ • Baked Fish ♥ • Teriyaki Burger (41)
 • Asian Stir Fry—Chicken (24) or Tofu (26) ▼ • BBQ Kalua Pork Sandwich (40)

SIDE DISHES (Select up to two)

• Miso Soup ▼ • Rice—White or Brown (28) ♥ ▼

DESSERTS (Select one)

• Chilled Pineapple (18) ♥

BEVERAGES (Select up to two)

• Guava (16), • Passion Orange (15)

Dinner

Entrees

SELECT ONE

Hot Entrees

Grilled Chicken Parmesan (6) Roast Turkey with Gravy ♥
 Pot Roast with Gravy ♥ Herb Crusted Chicken (7)
 Grilled Chicken Breast ♥ Rotini Pasta: *Marinara Sauce* (39) ▼ or *Meat Sauce* (32) ♥
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 Spreads—Peanut Butter (5) ▼, Jelly (10) ▼
 Bread—White (28) ♥ ▼, Wheat (36) ♥ ▼, Tortilla (50) ▼
 Extras—Lettuce, Tomato, Pickles, Onion ▼

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 Steamed Green Beans (5) ♥ ▼ *Roasted Cauliflower* ♥ ♥
 Vegetable Plate (10) ♥ ▼ Tossed Salad (7) ♥ ▼ Baked Potato (34) ♥ ▼
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No Sugar Added Desserts
 Chocolate Pudding (9) ♥ ▼ Vanilla Pudding (9) ♥ ▼ Gelatin—*assorted flavors* (5) ♥ ▼

Beverages

SELECT TWO

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Light Cream Cheese				

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• Chilled Pineapple (18) ♥

BEVERAGES (Select up to two)

• Guava (16), • Passion Orange (15)

() = Grams of carbohydrate per serving ♥ = Heart healthy choices ▼ = Vegetarian choices