

Breastfeeding Classes

Come to the 1 ½ Breastfeeding Class and learn the basics.

Tripler Breastfeeding Class

Every 2nd & 4th Monday (5-6:30 pm)

Call Tripler OB Clinic 808-433-2778, option 3, 7, then 1

Location: Tripler, Oceanside, 10th Floor Conference Room

Schofield Barracks Breastfeeding Class

1st and 3rd Monday (5-6:30 pm)

Call Schofield Clinic 808-433-8131

OR Call Tripler OB Clinic 808-433-2778, option 3, 7, then 4

Location: Schofield Barracks Clinic, Bldg 691, Conference Room ZZ

Lactation Outpatient Clinics

Breastfeeding challenges? Once you have your baby make a lactation appointment at one of our clinics.

Tripler Lactation Clinic

Monday, Wednesday & Friday

Tripler OB Clinic 808-433-2772, option 3, 7, then 1

Location: Tripler OB Clinic, Mountain Side (4M)

Schofield Barracks Lactation Clinic

Monday

To schedule call Schofield Women's Wellness Clinic: 808-433-8131

Or Call Tripler OB Clinic: 808-433-2772, option 3, 7, then 4

Location: Schofield Barracks Clinic G

Warrior Ohana Lactation Clinic

Thursday

Call: 808-433-5420, option 1

Location: 91-1010 Shangrila Street, Kapolei

Moms & Moms-to-be Support Groups

Pregnant, Breastfeeding, Non-breastfeeding...meet other moms & moms-to-be!

Bring your toddlers & babies.

*No sign up required, Facilitated by Tripler Lactation Consultants

(AMR) Aliamanu Community Center

Friday 10-1145 am *(Closed on Federal Holidays)*

FB: AMR Families and Breastfeeders of Oahu

Address: 182 Kauhini Road, Honolulu 808-275-3850

(Schofield Barracks) Porter Community Center

Monday 10-1145 am *(Closed on Federal Holidays)*

FB: Lactation Support Group-Schofield Area & Breastfeeders of Oahu

Address: 1301 McCornack Road, Wahiawa

Thank you for trusting us with your care...Tripler Army Medical Center

Lactation Services: 808-433-3732