

EGD Preparation Check-list

Procedure Date: _____ Time: _____

****This is an estimate and may not be the exact time of your procedure. All efforts will be made to keep to the scheduled time but delays do occur. We thank you for your patience in advance****

Females of childbearing age **MUST** have a pregnancy test within **72 hours of procedure**.

****Complete the test at least one hour before coming to the GI Clinic, or your procedure will be delayed****

Patients using Coumadin or Plavix should follow instructions as discussed with your doctor

Do not eat olestra/Olean (Ingredient found in potato chips) five days prior to procedure or according to your doctor's instructions. Do not take Fish Oil 3 days prior to your procedure.

1 DAY PRIOR TO YOUR PROCEDURE DATE: _____

Drink plenty of fluids to stay hydrated the prior to your procedure; clear liquids only. **Nothing to drink four (4) hours prior to procedure.**

Nothing to eat 12 hours prior to procedure.

All medicines (blood pressure, cholesterol, diabetes etc) should be confirmed with GI staff and Prescribing MD prior to procedure. Please speak to prescribing MD in regards to insulin dosage.

REPORTING FOR PROCEDURE: DATE: _____ TIME: _____

1. **Go to** Surgicare of Hawaii located at 500 Ala Moana Blvd, Tower 1, Suite 1B.
2. Please arrive one hour before scheduled procedure.
3. Please pre-register with www.Surgicareofhawaii.com

Surgicare opens at 0600. (808-528-2511)

Escort **MUST** be present at time of discharge in order for you to be released to go home. You will **NOT** be discharged without an escort present to sign for you.

Please call the Clinic (433-4084) with any questions regarding your appointment. If you need to cancel or reschedule please call 433-5034. **48 HOUR NOTICE IS NEEDED PRIOR TO CANCELING ANY APPOINTMENT.**

****NO DRIVING, DRINKING ALCOHOL, EXERCISE OR WORKING FOR 12HRS AFTER YOUR PROCEDURE****

****LEAVE ALL VALUABLES AND JEWELRY AT HOME AND DRESS COMFORTABLY****

MAHALO