



TAMC Newborn Feeding, Pumping and Diaper Record

Breastfeed: Feed Baby with feeding cues, 8-12+ times in 24 hours / Supplementing: Feed Baby every 3-4 hours and on demand in 24 hour

	Time	Amount Pumped
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		

Date	Time	Breastfeeding (Side, Duration, Quality)	Supplement (EBM or Formula)	Urine (color)	Stool (color)

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EBM=Expressed Breastmilk
 Feeding Quality:
 SLE = sleepy
 SPI = spitty
 ML = mouthing & licking
 AS = audible swallows
 UL = unable to latch
 STS = Skin-to-skin
 SYR FF = syringe finger feed

Diapers	Wet	Stool Color	Estimated amount per feeding 30 (mL=1 oz)	
Day 1	1	black tarry/meconium	Day 1	2-10 mL
Day 2	2	black tarry/meconium	Day 2	10-15 mL
Day 3	3	dark green/brown	Day 3	25-30 mL
Day 4	4	dark green/brown	Day 4	45-60 mL
Day 5	5	yellow, seedy or loose	Day 10	60-80 mL
Day 6	6-8	yellow, seedy or loose	1 Month+	80-150 mL

*If baby has not stoolled for 1 week or is fussy, spitting up more than normal, or has a distended stomach notify your physician and/or go to the Emergency Department for stools that are white/gray, black or red.
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