

The Day of Your Induction

Aloha! The staff at Tripler Army Medical Center have developed a few guidelines to help you through the day of your induction.

- You will be called in by the Labor and Delivery charge nurse when we have a nurse and room available. Please know that if we are unable to call you in on the day of your induction, it is due to our unit being at capacity. We want your induction/delivery experience to be as safe and comfortable as possible. <u>We cannot always guarantee that you will be called in on the day of your induction</u>. With this in mind, our staff truly appreciates your patience and understanding.
- 2. Eat normally until you are called. This will give you energy throughout the day. We suggest eating a small meal when you are called in because often times laboring patients are on a clear liquid diet. We also encourage you to go about your day as normal until you are called in. Feel free to go on a walk, take a shower, and do other relaxing activities. We want you to be comfortable and well rested when you come into the hospital.
- 3. Remember to have your support team bring a change of clothes for themselves, books to read, and some snacks. Food services and hours of operation are limited. We encourage you to bring a pillow from home that will make you comfortable, blankets, phone chargers, and snacks for post-delivery. Inductions can take anywhere from 12 hours to three days before baby is born.
- 4. We encourage you to come into labor and delivery triage if you are having regular, painful contractions, vaginal bleeding that is like a period, concern that your water is broken, or are experiencing decreased fetal movement. You can call 808-433-9900 to let triage know before you come in.
- 5. The phone number for the labor and delivery unit is 808-433-5337. You may call to check in with the charge nurse and they can tell you how many people are on the induction list ahead of you. We prioritize medically necessary inductions before elective inductions.

Thanks for reading! We look forward to seeing you on labor and delivery!

Induction Date: _____

Please complete COVID testing 48-72 hours in advance of your planned induction date. The provider
scheduling your induction places the order, but if you have problems with the order not being in, please cal
808-433-5337 for assistance.

Locations available for testing (closed holidays, hours may change on minimal manning days:

Ft Shafter Flats, Building 1507, Signal Rd., Shafter Flats

Monday- Friday 0900-1500 Saturday 0900-1200

Desmond T. Doss Clinic, 683 Waianae Ave, Schofield Barracks, HI 96786

Monday-Friday 0900-1700 (drive into the parking garage, proceed to 3rd floor)

TAMC/Shafter Flats Drive-Up Testing

NEW LOCATION

FORT SHAFTER FLATS COVID-19 TESTING SITE

BUILDING 1535 (across street from Firestone Auto Repair)

(across street from Firestone Auto Repair)



If you believe you need COVID-19 testing, please contact your supporting Primary Care Team or call the Hawaii COVID-19 Hotline at 1-808-433-8102, Monday – Friday, 7:30 am – 4 pm. Site Location: Building 1507, Signal Rd., Shafter Flats: M-F 0900-1500 and Sat 0900-1200

<u>Scope</u>

For individuals who have already been screened by their provider and have an order for a COVID test in the system

Pre-operative testing: 24-48 prior to surgery

Entry Directions from TAMC

- 1) Take Jarrett White Rd to N St
- 2) Turn left onto N King St.
- 3) Continue on N King St to Funston Rd. Take the exit toward Fort Shafter from N King St
- 4) Turn right onto Funston Rd
- 5) Turn left onto Funston Loop
- 6) Turn left onto Stream Rd
- 7) Stop at the Entry Control Point located at the end of Stream Rd prior to entering the Testing site

Testing Site is located in the parking lot parallel to Signal Rd. After testing is complete, vehicles will continue forward and exit out of the parking lot.

Exit Directions

- 1) Turn right out of the parking lot onto Signal Rd.
- 2) Turn right onto Loop Rd
- 3) Turn right onto Loop Rd
- 4) Turn left onto Stream Rd
- 5) Turn right on Funston Loop
- 6) Turn right on Funston Rd Exit Shafter Flats

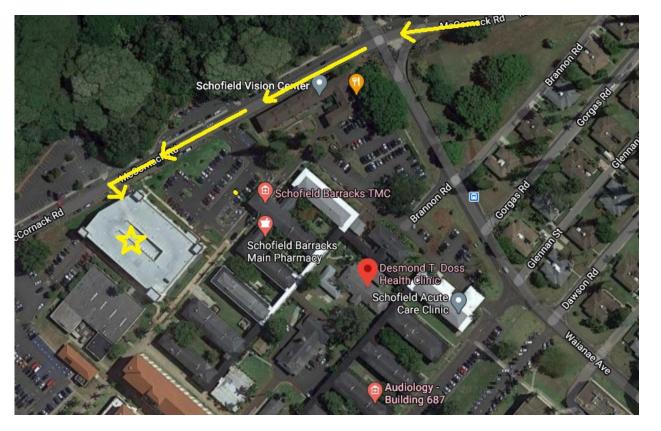
updated 22MARCH21

COVID 19 TESTING SITE

Desmond T. Doss Health Clinic.

683 Waianae Ave, Schofield Barracks, HI 96786

Enter through McNair Gate, drive straight through the gate and through the first 4 way stop. Parking garage is ahead on the left.



COVID 19 testing is in the parking garage on the 3rd floor. (PLEASE DIRECT PATIENTS TO PARKING GARAGE.)

The testing hours are as follows: M-F 0900-1700